

Stage 1 Health: Semester 1 Overview 2019

Teacher: Crystal Stewart/Tori Newman

Weeks	Topic	Summative Assessments
Term 1 1-2	Ways of Defining Health <ul style="list-style-type: none"> ▪ <i>Definitions of health</i> ▪ <i>Indicators and determinants of health</i> ▪ <i>Environment and health</i> Issues Response <i>Initial planning of Issues Response</i>	
3-8	Mental and Emotional Health <ul style="list-style-type: none"> ▪ <i>Definitions of mental and emotional health</i> ▪ <i>The mental health concerns of adolescents and adults in contemporary society</i> ▪ <i>Current social policies in relation to mental health and equity</i> ▪ <i>Stress management strategies for coping with change</i> ▪ <i>Mental and Emotional Health Issues Response</i> Independent Investigation <ul style="list-style-type: none"> ▪ <i>Initial planning stages of Independent Investigation</i> 	Mental and Emotional Health Issues Response 30% <i>Students evaluate and respond to a current mental and emotional health issue and reflect on their attitudes to the issue and the values that influence those attitudes.</i> Draft due date: Wednesday 13th February (Week 3) Due date: Tuesday 26th February (Week 5)
9-11	Independent Investigation <ul style="list-style-type: none"> ▪ <i>Undertaking research, gathering resources (surveys, interviews, visual materials, publications, media articles etc.) and putting together investigation</i> ▪ <i>Drafting and finalising Independent Investigation Investigation</i> 	Independent Investigation 40% <i>Students research a current health issue linked to a recent public health campaign. They use a variety of sources to find relevant information, analyse issues, describe the effectiveness of the campaign, present possible solutions and draw meaningful conclusions.</i> Draft due date: Wednesday 3rd April (Week 10) Due date: Wednesday 1st May (Week 1, Term 2)
Term 2 1-10	Health and Relationships <ul style="list-style-type: none"> ▪ <i>The importance of friendships to personal health</i> ▪ <i>The impact of family relationships on health</i> ▪ <i>The development and maintenance of support networks and positive, safe relationships</i> ▪ <i>The availability of support networks at school and in the local community</i> ▪ <i>Professional relationships and health</i> ▪ <i>Sexual relationships and health</i> ▪ <i>Issues that can make individuals feel excluded or isolated</i> ▪ <i>The building of safe relationships such as friendships, workplace relationships, and family relationships</i> ▪ <i>Group Activity planning, action and reflection</i> 	Group Activity & Reflection 30% Part A: Planning Part B: Action Part C: Reflection <i>Students work in groups to plan, organise and implement action on a local or community health issue. All members of the group must have opportunities to share responsibilities in decision-making.</i> Draft due date: Wednesday 5th June (Week 6) Due date: Wednesday 19th June (Week 8)