






# Kingscote Campus Canteen 2018

 Green = healthy option     Amber = ok in small portions

## Menu and Price List








### HOT FOOD

 Mini Pasty	(local bakery) w/s	\$2.70	\$2.70
 Mini Meat Pie	(local bakery) w/s	\$2.70	\$2.50
 Mini Sausage Roll	(local bakery) w/s	\$2.70	\$2.50
 Meat Pie	(local bakery)w/s	\$5.40	\$5.20
 Pastie	(local bakery)w/s	\$5.40	\$5.20




### "HOMEMADE" HOT FOOD

 Mini Quiche	(eggs, pastry)		\$3.00
 Spinach&Cheese Parcel	(spinach, ricotta, pastry)		\$4.50
 Homemade Soup	(terms 2 & 3 only)		\$2.50
 Mini Cheese Burger	(beef pattie, cheese, wholemeal bun)		\$3.00
 Pasta Cup	(spiral pasta, cheese and/or sauce)		\$4.00
 Savoury Scroll	(scroll with assorted fillings)		\$4.00
 Pizza	(ham and pineapple)1/2	\$3.00	\$6.00
 Pizza	(BBQ chicken) 1/2	\$3.00	\$6.00
 Toasted Sandwich	(ham, cheese, wholemeal bread)		\$5.50
 YUMBO	(hot ham & cheese, wholemeal roll)		\$6.00
 Nachos	(corn chips, salsa, cheese, sour cream)		\$6.20
 Egg & Bacon Roll	(egg, bacon, wholemeal roll)		\$6.50
 Bruschetta	(tomato, basil)		\$5.00
 Pirate Burger	(fish, lettuce, tartare wholemeal bun)		\$7.20
 Stir Fry	(meat, mixed vegetables, sauce, rice)		\$7.50
 Lasagne	(pasta, meat sauce, cheese)		\$7.50
 Fried Rice	(rice, soy sauce, mixed veg)		\$7.00
 Chicken Madras Curry	(mild)		\$7.50
 Mango Chicken Curry	(mild)		\$7.50
 Burgers	(beef/chicken, salad, wholemeal bun)		\$7.50






### "HOMEMADE" COLD SAVOURY

 Wholemeal Roll/bread	(buttered)		\$2.50
 + per filling	(eg.lettuce, tomato, cheese, cucumber)		\$0.50
 Premade Sandwiches	(variety)		\$5.50
 Wraps	(variety)		\$7.50
 Salad Packs	(mixed salad, meat additional \$1)		\$7.00
 Cold Rolls	(rice paper, noodles, cucumber, chicken)		\$7.00
 Sushi	(Variety, pack of 6)		\$7.00






### "HOMEMADE" SNACKS

 Survival Packs	(selection of sliced vegies, cheese)		\$2.00
 Fruit Skewers	(selection of fruit on a blunt skewer)		\$2.00
 Pop Corn	(small serve)		\$2.00

### "HOMEMADE" SWEETS

 Biscuits	(ANZAC, Jam Drop, Milo, Cornflake)		\$1.00
 Protein Balls	variety		\$1.00
 Muffins	variety		\$2.50
 Weetabix Slice			\$2.50
 Cake	(carrot, banana, apple strudel)		\$3.00

### COLD FOOD & DRINK

 Frozen Yoghurt Tub			\$2.50
 Plain Milk			\$3.00
 Water (600ml)			\$3.70
 Soda Water			\$3.50
 Pump Water			\$4.70

**Canteen Manager:**  
Dianne 8553 2074

**Assistant:** Karen

#### How to order:

\* Using the QKR app.  
Download app to your phone/device,  
order and pay online from home.

\* Write order on a paper bag  
including your child's name, class  
and correct money. Drop off in  
morning

\* Order direct from the canteen  
before recess each day



**Kangaroo Island**  
COMMUNITY EDUCATION

#### Our aims are:

\* to provide healthy food at  
affordable prices

\* to help children make healthy  
food and drink choices

\* to reduce, reuse and recycle all  
waste possible