**Stage 2 Physical Education: Semester 2 Overview 2018**

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| **Weeks** | **Topic** | **Assessment** |
| **Term 3**  **1 - 2** | **How a Skill is Acquired**  Concepts include; definitions and descriptions of learning styles, classification and characteristics of skills and a skilled performer, learning process in acquiring physical skills and stages of learning.  **Badminton**  Developing skill level and understanding in badminton; overhead shots, serving, net shots, drop shots, offence, defence, teamwork. | *Throughout the semester there are formative assessments that assess the students level of learning and understanding, however, these do not contribute to the students overall grade.*  **Summative Assessment**  Issues in Physical Activity  Week 2, Friday 3 August |
| **3** | **Aquatics Camp - Kayaking**  Students develop their skills during a 3-day intensive course on Kayaking. They learn techniques such as; different strokes, rescue methods and collaboration skills. | **Kayaking Assessment**  Specific Skills Performance Checklist  Week 3, Wednesday 8 August |
| **3-4** | **Specific Factors Affecting Learning**  Concepts include; nature of the task, feedback, environmental factors, characteristics of the learner, retention, timing and anticipation.  **Badminton**  Developing skill level and understanding in badminton; overhead shots, serving, net shots, drop shots, offence, defence, teamwork.  **Psychology of Learning and Performance of Physical Skills**  Concepts include; goal-setting, feedback, communication, the effects of anxiety and arousal on performance, visualisation, self-esteem and models of coaching. | **Badminton Assessment**  Specific Skills Performance Checklist  Week 4, Tuesday 22 August |
| **5 - 10** | **Biomechanics**  Concepts include; motion: linear, angular and general, speed and velocity, summation of forces, leverage, Newton’s Laws of motions, centre of mass, balance; equilibrium, static and dynamic, effect on performance and science of sport.  **Practical Assessment Practice**  Practice and revisiting the specific skill criteria in both volleyball and badminton in preparation for moderation. | **Summative Assessment**  Integrated Task 2 - Acquisition of Skills  Week 5, Friday 31 August  **External Practical Moderation**  Lawn Bowls & Badminton  Week 8, Tuesday 11 September  **Summative Assessment**  Integrated Task 3 – Biomechanics  Week 9, Thursday 20 September |
| **Term 4**  **1 - 4** | **Exam Revision**  Revision and revisiting of topics studied throughout the year. Revision will also include practice exams under exam conditions. |  |
| **5** | **External Examination**  All theoretical concepts are to be tested in this final assessment for the subject. | **Summative Assessment (30%)**  External Examination (2-hours)  9AM – Thursday 15 November |