

Year 10 Specialist Physical Education: Semester 1 Overview 2018

Teacher: Cameron Stewart

Weeks	Topic	Assessment
Term 1 1-4	Coaching Module <ul style="list-style-type: none"> - Role of Coach - Styles of Coaching - Responsibilities of a Coach - Working positively with parents - Planning Process Tennis/Athletics <ul style="list-style-type: none"> - General skills, gameplay, initiative, participation, leadership and fair play. 	Assessment 1: A Coach I Admire Practical Assessment – Tennis (W4)
5-6	Coaching Module <ul style="list-style-type: none"> - Programming Activities - Inclusive Coaching - Reviewing the Session - Duty of Care / Legal Responsibilities - Risk Assessments - Sports Injury Management - Stages of Learning - Feedback Coaching Labs <ul style="list-style-type: none"> - Junior Primary Coaching Sessions Water Polo <ul style="list-style-type: none"> - General skills, gameplay, initiative, participation, leadership and fair play. 	Coaching Folder & Certificates <ul style="list-style-type: none"> - Community Coaching General Principles - Harassment & Discrimination - Child Protection Coaching Performance & Reflection Water Polo Assessment
7-8	Elective Sport <ul style="list-style-type: none"> - Students choose to undertake an elective individual or team activity from a prescribed list, and are assessed accordingly to its specific performance criteria. 	Practical Assessment - Elective
9	Public Holiday – No Class	
10-11	Fitness Components/Training Principles Students learn the different fitness components that are required for specific sports, whilst investigating the important training principles and methods for physical performance.	Individual Training Plan Task Student develop an individual training plan for themselves for particular sport or activity.
	Futsal (Indoor Soccer) <ul style="list-style-type: none"> - Specific gameplay, control, dribbling, passing, shooting, goal keeping, initiative, team work and leadership 	Practical Assessment – Futsal (Indoor Soccer)
Term 2 1-3	Officiating Module <ul style="list-style-type: none"> - Students learn the skills and requirements of officiating a sporting game. Golf	Officiating Assessment

	<ul style="list-style-type: none"> - Student learn specific skills required in golf. This includes; rules, stroke play and etiquette. 	
4	Careers Week	
5	Work Experience	
6	Golf Student learn specific skills required in golf. This includes; rules, stroke play and etiquette.	Golf Assessment
6-10	Contemporary Issues in Sport <ul style="list-style-type: none"> - Key trends and issues that arise in the world of children, sport and coaching. Squash <ul style="list-style-type: none"> - Students learn the specific gameplay related to squash. This includes the rules, strokes, tactics and play of doubles and singles. Elective Sport <ul style="list-style-type: none"> - Students choose to undertake an elective individual or team activity from a prescribed list, and are assessed accordingly to its specific performance criteria. 	Issues in Sport Assessment Student choose a contemporary issue in sport (i.e, drugs, match-fixing) and investigate its effect on sport. Squash Assessment